



**Our mission** is to bring together patients with Long COVID, practitioners, caregivers, and southeast Michigan community members in a joint effort. Together, we are navigating our journey to better health, fostering an environment where experiences are shared, trustworthy knowledge is exchanged, and every voice is heard.

## WHAT YOU NEED TO KNOW ABOUT LONG COVID WARRIORS

**Our purpose**, through our health education campaign, is to deliver concise, reputable, and informative content. Long COVID Warriors is committed to fostering education, support and promote the quality of life for those navigating the complexities of Long COVID.

Long COVID information, support and resource groups are available. Visit **LONGCOVIDWARRIORS.COM**.



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