

# DON'T LET LONG COVID SYMPTOMS STOP YOU

1.5M cases of COVID-19 were reported in Wayne, Oakland, Macomb, Monroe and Washtenaw counties since 2020.<sup>1</sup>

33%

Of those who have ever had COVID-19 have reported Long COVID symptoms in Michigan.<sup>2</sup>

82%

Of those with Long COVID reported activity limitation due to Long COVID in Michigan.<sup>2</sup>

## GET HELP

Poor mental health and brain fog are among the leading symptoms of Long COVID.

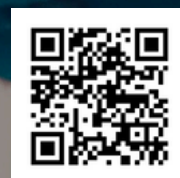
Improve your understanding of Long COVID at [wearelongcovid.com](https://wearelongcovid.com)

[1] Michigan County Data: <https://www.michigan.gov/coronavirus/stats>

[2] Michigan Stats: [Long COVID - Household Pulse Survey - COVID-19 \(cdc.gov\)](#)



WAYNE STATE  
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**LONG  
COVID  
WARRIORS**